



# MENTAL HEALTH FIRST AID

**JUNE 16<sup>TH</sup>**

**8AM TO 5PM**

IN-PERSON TRAINING

**NEMCMH**

400 JOHNSON ST., ALPENA

**NO CHARGE - A \$170 VALUE!**

CECS AVAILABLE FOR SOCIAL WORKERS

STIPEND AVAILABLE FOR  
AREA SCHOOL STAFF &  
BOARD MEMBERS

\$25 GIFT CARD FOR EVERYONE WHO  
COMPLETED THE COURSE AND  
EVALUATION

All caring individuals can use the skills learned in this course to help someone.

Learn to identify, understand, and respond to signs of mental health and substance use challenges.

**REGISTER HERE**  
BY 6/12



[HTTPS://TINYURL.COM/3STK9XNM](https://tinyurl.com/3stk9xnm)

FUNDING PROVIDED BY:

NORTHEAST  
MICHIGAN  
COMMUNITY  
MENTAL HEALTH  
AUTHORITY



**NO COST TO RESIDENTS OF ALCONA, ALPENA, MONTMORENCY, & PRESQUE ISLE COUNTIES.**  
OUT OF AREA COST OF \$50 TO BE PAID UPON REGISTRATION



helps our community raise children who are safe, loved, and resilient; and helps adults increase knowledge and skills to address life's challenges.

[www.partnersinpreventionnemi.org](http://www.partnersinpreventionnemi.org)