

PARTNERS IN PREVENTION HOSTS A FREE CLASS!!



z e n t a n g l e ®

Learn the 8 step Zentangle Method with Certified Zentangle Art Instructor, Angie Linsenman, LMSW from the Aleda E. Lutz VA Medical Center

WE WARMLY WELCOME

MEDICAL, MENTAL HEALTH & HUMAN SERVICES PROVIDERS,
VOLUNTEERS, FIRST RESPONDERS AND VETERANS

YOU WILL ENJOY:

- FREE ZENTANGLE ART LESSON WITH ALL SUPPLIES INCLUDED
- SNACKS (OF COURSE)
- TIME TO CONNECT WITH EACH OTHER
- STRESS FREE LEARNING ABOUT YOUR LOCAL VA & LOCAL SUICIDE PREVENTION EFFORTS

11AM - 12:30PM

1600 W CHISHOLM ST

ALPENA

MAY 24

Register here:



OR CALL 989 980 8893



THE ZENTANGLE® METHOD IS AN EASY-TO-LEARN, RELAXING, AND FUN WAY TO CREATE BEAUTIFUL IMAGES BY DRAWING STRUCTURED PATTERNS. IT WAS CREATED BY RICK ROBERTS AND MARIA THOMAS. "ZENTANGLE" IS A REGISTERED TRADEMARK OF ZENTANGLE, INC. LEARN MORE AT ZENTANGLE.COM