

# YOUTH MENTAL HEALTH FIRST AID



Mental Health  
FIRST AID

from NATIONAL COUNCIL FOR  
MENTAL WELLBEING

**JULY 31<sup>ST</sup>**  
**8:30AM TO 5PM**  
IN-PERSON TRAINING

**NEMCMH**  
400 JOHNSON ST, ALPENA  
**NO CHARGE - A \$170 VALUE!**

CECS AVAILABLE FOR SOCIAL  
WORKERS

STIPEND AVAILABLE FOR  
AREA SCHOOL STAFF &  
BOARD MEMBERS

- WHO SHOULD ATTEND**
- PARENTS/CAREGIVERS
  - TEACHERS • SCHOOL STAFF
  - COACHES • CAMP  
COUNSELORS • YOUTH GROUP  
LEADERS
  - ADULTS WORKING WITH  
YOUTH

**REGISTER HERE**  
BY 9AM ON 07.27.2026



<https://tinyurl.com/36zzbzwk>

**LEARN TO IDENTIFY,  
UNDERSTAND, AND  
RESPOND TO SIGNS OF  
MENTAL HEALTH AND  
SUBSTANCE USE  
CHALLENGES AMONG  
YOUTH.**

FUNDING PROVIDED BY:

NORTHEAST  
MICHIGAN  
COMMUNITY  
MENTAL HEALTH  
AUTHORITY



**NO COST TO RESIDENTS OF ALCONA, ALPENA,  
MONTMORENCY, & PRESQUE ISLE COUNTIES.**  
OUT OF AREA COST OF \$50 TO BE PAID UPON REGISTRATION

HELPS OUR COMMUNITY RAISE CHILDREN WHO ARE SAFE, LOVED, AND RESILIENT; AND  
HELPS ADULTS INCREASE KNOWLEDGE AND SKILLS TO ADDRESS LIFE'S CHALLENGES.

[WWW.PARTNERSINPREVENTIONEMI.ORG](http://WWW.PARTNERSINPREVENTIONEMI.ORG)



NORTHEAST MICHIGAN COMMUNITY PARTNERSHIP, INC.