



Mental Health
FIRST AID

from NATIONAL COUNCIL FOR
MENTAL WELLBEING



YOUTH MENTAL HEALTH FIRST AID

**MAY 9TH & 14TH
6PM TO 8:30PM**

COMPLETED IN 3 PARTS:

2 HOUR ONLINE PRE-COURSE COMPLETED AT
YOUR OWN PACE PRIOR TO 5/9
IN-PERSON INSTRUCTOR-LED TRAINING 5/9
IN-PERSON INSTRUCTOR-LED TRAINING 5/14

**TRIPPOINT CHURCH
500 S BROOKE ST, ALPENA**

**FREE OF CHARGE!
(A \$250 VALUE)**

**YOUTH MENTAL HEALTH
FIRST AID (YMHFA)
TEACHES YOU HOW TO
IDENTIFY, UNDERSTAND,
AND RESPOND TO SIGNS
OF MENTAL HEALTH AND
SUBSTANCE USE
CHALLENGES AMONG
YOUTH.**

REGISTER HERE



OR CONTACT US:
PROGRAMS@NEMCPI.ORG
(989)356-2880

WHO SHOULD ATTEND

- PARENTS/CAREGIVERS
- TEACHERS • SCHOOL STAFF
- COACHES • CAMP COUNSELORS
- YOUTH GROUP LEADERS
- ADULTS WORKING WITH YOUTH

Funding thanks to SAMHSA's Mental Health
Awareness and Training Grant Award
#1H79SM084446-01

SAMHSA
Substance Abuse and Mental Health
Services Administration



HELPS OUR COMMUNITY RAISE CHILDREN WHO ARE SAFE, LOVED, AND
RESILIENT; AND HELPS ADULTS INCREASE KNOWLEDGE AND SKILLS TO ADDRESS
LIFE'S CHALLENGES.

WWW.PARTNERSINPREVENTIONNEMI.ORG