



NATIONAL COUNCIL
FOR MENTAL WELLBEING

MENTAL HEALTH FIRST AID

APRIL 10
8:30AM TO 5PM
IN-PERSON TRAINING

ALCONA SENIOR CENTER
807 N. BARLOW RD.,
LINCOLN, MI

NO COST - A \$170 VALUE!

**STIPEND AVAILABLE FOR
SCHOOL STAFF & BOARD MEMBERS**

**ALL CARING
INDIVIDUALS CAN USE
THE SKILLS LEARNED IN
THIS COURSE TO HELP
SOMEONE.**

REGISTER HERE
BY 12PM ON 4/06



<https://tinyurl.com/3shnns9h>

**LEARN HOW TO IDENTIFY,
UNDERSTAND AND
RESPOND TO SIGNS OF
MENTAL HEALTH AND
SUBSTANCE USE
CHALLENGES AMONG
ADULTS.**

Funding thanks to SAMHSA's Mental Health
Awareness and Training Grant Award
#1H79SM084446-01



**NO COST TO RESIDENTS OF ALCONA, ALPENA,
MONTMORENCY, & PRESQUE ISLE COUNTIES.**
OUT OF AREA COST OF \$50 TO BE PAID UPON REGISTRATION

HELPS OUR COMMUNITY RAISE CHILDREN WHO ARE SAFE, LOVED, AND RESILIENT; AND
HELPS ADULTS INCREASE KNOWLEDGE AND SKILLS TO ADDRESS LIFE'S CHALLENGES.

WWW.PARTNERSINPREVENTIONNEMI.ORG

