

# YOUTH MENTAL HEALTH FIRST AID



Mental Health  
FIRST AID

from NATIONAL COUNCIL FOR  
MENTAL WELLBEING

**APRIL 01<sup>ST</sup>**  
**8:30AM TO 5:00PM**  
FULLY IN PERSON

## SUNRISE MISSION

616 W. CHISHOLM STREET  
ALPENA, MI

**NO CHARGE - A \$170 VALUE!**

CECS AVAILABLE FOR SOCIAL  
WORKERS

STIPEND AVAILABLE FOR  
AREA SCHOOL STAFF &  
BOARD MEMBERS

**WHO SHOULD ATTEND**  
• PARENTS/CAREGIVERS  
• TEACHERS • SCHOOL STAFF  
• COACHES • CAMP  
COUNSELORS • YOUTH GROUP  
LEADERS  
• ADULTS WORKING WITH  
YOUTH

**REGISTER HERE**  
BY 5PM ON 03/29

**LEARN TO IDENTIFY,  
UNDERSTAND, AND  
RESPOND TO SIGNS OF  
MENTAL HEALTH AND  
SUBSTANCE USE  
CHALLENGES AMONG  
YOUTH.**



<https://tinyurl.com/4f3p2b36>

Funding thanks to SAMHSA's Mental Health  
Awareness and Training Grant Award

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**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration

HELPS OUR COMMUNITY RAISE CHILDREN WHO ARE SAFE, LOVED, AND RESILIENT; AND  
HELPS ADULTS INCREASE KNOWLEDGE AND SKILLS TO ADDRESS LIFE'S CHALLENGES.  
[WWW.PARTNERSINPREVENTIONNEMI.ORG](http://WWW.PARTNERSINPREVENTIONNEMI.ORG) | 989-356-2880 | [PROGRAMS@NEMCPI.ORG](mailto:PROGRAMS@NEMCPI.ORG)

