

YOUTH MENTAL HEALTH FIRST AID



Mental Health
FIRST AID

from NATIONAL COUNCIL FOR
MENTAL WELLBEING

**DEC 5TH
9AM TO 4PM**

NEMCMH
400 JOHNSON ST., ALPENA

COMPLETED IN 2 PARTS:
2 HOUR ONLINE PRE-COURSE PRIOR TO 12/3
IN-PERSON INSTRUCTOR-LED TRAINING 12/5

A \$170 VALUE!

NASW-MICHIGAN CECS AVAILABLE!

**TEACHES YOU HOW TO
IDENTIFY, UNDERSTAND,
AND RESPOND TO SIGNS
OF MENTAL HEALTH AND
SUBSTANCE USE
CHALLENGES AMONG
YOUTH.**

REGISTER HERE
BY 5PM ON 12/01



<https://tinyurl.com/4nc4j757>

FUNDING PROVIDED BY:



**NO COST TO RESIDENTS OF ALCONA, ALPENA,
MONTMORENCY, & PRESQUE ISLE COUNTIES.**

OUT OF AREA COST OF \$50 TO BE PAID UPON REGISTRATION

HELPS OUR COMMUNITY RAISE CHILDREN WHO ARE SAFE, LOVED, AND RESILIENT; AND
HELPS ADULTS INCREASE KNOWLEDGE AND SKILLS TO ADDRESS LIFE'S CHALLENGES.

WWW.PARTNERSINPREVENTIONNEMI.ORG | 989-356-2880 | PROGRAMS@NEMCPI.ORG

