



MENTAL HEALTH FIRST AID

NATIONAL COUNCIL
FOR MENTAL WELLBEING

AUGUST 21
9:30PM TO 4:30PM

COMPLETED IN 2 PARTS:
2 HOUR ONLINE PRE-COURSE AT YOUR
OWN PACE
IN-PERSON INSTRUCTOR-LED TRAINING 8/21

AVERY TOWNSHIP HALL
11010 MCMURPHY RD, ATLANTA

NO CHARGE - A \$170 VALUE!
AVAILABLE TO THOSE IN ALPENA,
ALCONA, MONTMORENCY,
& PRESQUE ISLE COUNTIES

MENTAL HEALTH FIRST AID (MHFA) TEACHES YOU HOW TO IDENTIFY, UNDERSTAND AND RESPOND TO SIGNS OF MENTAL HEALTH AND SUBSTANCE USE CHALLENGES AMONG ADULTS.

ALL CARING INDIVIDUALS CAN USE THE SKILLS LEARNED IN THIS COURSE TO HELP SOMEONE.

REGISTER HERE



OR CONTACT US:
PROGRAMS@NEMCPI.ORG
(989)356-2880

Funding thanks to SAMHSA's Mental Health
Awareness and Training Grant Award
#IH79SM084446-01

SAMHSA
Substance Abuse and Mental Health
Services Administration



HELPS OUR COMMUNITY RAISE CHILDREN WHO ARE SAFE, LOVED, AND RESILIENT; AND HELPS ADULTS INCREASE KNOWLEDGE AND SKILLS TO ADDRESS LIFE'S CHALLENGES.

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